



**INVITATION**  
**AMSTERDAM DIVING CUP 2020**  
**- age group and senior open -**  
**APRIL 16 – APRIL 19, 2020**

AMSTERDAM DIVING CUP  
PRESIDENT ALLENDELAAN 3  
1064 GW AMSTERDAM  
[ADC-DIVING@HOTMAIL.COM](mailto:ADC-DIVING@HOTMAIL.COM)  
FB: ADC AMSTERDAM DIVING CUP

Amsterdam, December 2020

Dear Diving friends,

The organisation committee of the ADC2020 is pleased to invite you to the 25<sup>th</sup> International Diving Meet (Amsterdam Diving Cup) for age-group B and A and senior-divers which will be held in Amsterdam, Capital of the Netherlands.

The competition will be held from Thursday 16<sup>th</sup> till Sunday 19<sup>th</sup> April 2020 in the Sloterparkbad in Amsterdam

Entries are open for National - and Clubteams. In this information bulletin you will find the General Information, Rules and Entry Forms for this event. The documents can be found on our website <http://www.amsterdamdivingcup.nl/forms.html>

In case you have any questions regarding this diving meet, please do not hesitate to contact us.

We are looking forward to welcome you in Amsterdam!

Carola Vork  
Tournament Director  
Amsterdam Diving Cup 2020



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- Venue:** Sloterparkbad Amsterdam  
President Allendelaan 3, 1064 GW Amsterdam  
Indoor pool: two 1M & two 3 m Maxiflex–C– springboard  
3m, 5m, 7 ½ m and 10m platforms
- Organising Committee**      **Tournament Director / Competition Manager**  
Carola Vork                      /Heymen Westerveld  
Email: [adc-diving@hotmail.com](mailto:adc-diving@hotmail.com)  
Telephone: 00 31 6 188 13024
- Accommodation:**      **Tournament Hotel:** The New West Inn Hotel (\*\*\*) Amsterdam City west  
Reimerswaalstraat 5, 1069 AE Amsterdam
- Logies with Breakfast or Full Board (breakfast, lunch and dinner)  
Twin room (2) - Triple Room (3) - Family room (4 person).  
Conditions and prices for April 2020 are attached in the preliminary entry form. The competition venue is on walking distance. No transport will be arranged between hotel and venue.
- \*\*As it is holiday season in Amsterdam we strongly advise you to make a pre-booking reservation with us. We have an option at 22 Double, 5x Triple and 4 4-persons rooms.**  
**You can make a pre reservation now, bookings are only firm after they have been fully paid to us before February 10th\***
- For other accommodations; contact the Amsterdam Tourist Board  
(<http://www.iamsterdam.com/en/visiting>).
- Lunch and Dinner:** If extra needed (f.e. when not staying in New West Inn) Lunch and Dinner can be ordered separately and will be served in the Pool Restaurant: Lunch: € 8,00 p.p. / Dinner: € 18,50 = p.p.
- 25<sup>th</sup> Edition Party**      The 25<sup>th</sup> edition Party will be held on Saturday, costs: € 25,= p.p. (incl dinner)



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**COMPETITION INFORMATION**

**Age groups:** B male and female: 2005/2006  
A male and female: 2002/2003/2004  
Senior Open, male & female: Open for Seniors and age groups  
A/B a minimum DD is requested.  
Younger participants can take part in events of age group B (number of dives must be according to the FINA rules).

**Events: \*\***

Age groups:  
1, 3 m and Platform (prelims and finals (optional dives only))  
3 m synchro A/B (finals)

Senior Open group:  
1 m, 3m, Platform (finals)  
3 m synchro (finals)  
Mixed synchro 3m (finals)

Jump event

**\*\* Please note: Depending number of entries the competition program can be changed/events can be cancelled\*\***

**Entree fee** **NORMAL ENTRY FEE**  
€ 18,50 per diver per event  
€ 20,00 per pair for the synchronized events  
**EARLY BIRD REGISTRATION**  
€16,50 per diver per event if registered before **31.01.2020**.



**Training:** Tuesday 14<sup>th</sup> April 1300-15.45 hour  
Wednesday, April 15<sup>th</sup> (from: 10.00-12.00 and from 13.00-16.00 hour)

**Technical meeting:** Wednesday April 15<sup>th</sup> 16.00-17.00 hour

**Competition:** Thursday, April 16<sup>th</sup> – Sunday, April 19<sup>th</sup>



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**COMPETITIONS, as per attached programme**

**1 meter**

Serie 1: B girls (5 + 3) open for C group  
Serie 2: B boys (5 + 4) open for C group  
Serie 3: A girls (5 + 4)  
Serie 4: A boys (5 + 5)  
Serie 5: Senior women (5, according to FINA min. DD 10.6 points).  
Serie 6: Senior men (6, according to FINA min. DD 13.5 points).

**3 meter**

Serie 7: B girls (5 + 3) open for C group  
Serie 8: B boys (5 + 4) open for C group  
Serie 9: A girls (5 + 4)  
Serie 10: A boys (5 + 5)  
Serie 11: Senior women (5, acc. to FINA min. DD 10.3 points).  
Serie 12: Senior men (6, acc. to FINA min. DD 14.0 points)

**Platform**

Serie 13: B girls (4 + 3) open for C group  
Serie 14: B boys (4 + 4) open for C group  
Serie 15: A girls (4 + 4)  
Serie 16: A boys (4 + 5)  
Serie 17: Senior women 10m (5 dives selected from 5 groups)  
Serie 18: Senior men 10m (6 dives selected from 6 groups)

**Synchro 3m**

Serie 19: A/B girls (2 + 3, according to FINA)  
Serie 20: A/B boys (2 + 3, according to FINA)  
Serie 21: Senior women (2 + 3, according to FINA)  
Serie 22: Senior men (2 + 4, according to FINA)

**Mixed Synchro 3m**

Serie 23: Senior (2 + 3, according to FINA)

**Jump event**

Serie 24: Senior (6 dives according to FINA )

**Awards:**

Victory ceremonies will be held at the end of each event, All final participants will get a diploma. Medals and special prizes will be presented to the first, second and third place of each individual event and synchronized-events.  
The 'Amsterdam Diving Cup' is awarded to the winning team.



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- Preliminary Entry** Please return the preliminary entry form with your hotel selection So we can pre-reserve the requested rooms for you a.s.a.p but **before february 10th, 2020** to [adc-diving@hotmail.com](mailto:adc-diving@hotmail.com) Please note that we only have a limited capacity of accommodation in the hotel so it will be "on a first come first serve basis". Yo can make a pre -reservation by return the preliminary entry and hotel reservation form .(see attachement) The forms will also be on our website: <http://www.amsterdamdivingcup.nl/forms.html> After sending us the form your pre-reservation has been made. After receipt of total payment for the rooms, your booking will be 100% firm.
- Final Entry Forms :** Must be returned before March 1<sup>st</sup> 2020
- Final Hotel Form:** Must be returned as soon us possible, but latest by February 10th, 2020 and only will be honoured if rooms are paid in advance and on our bankaccount.
- Forms:** **All forms are medio December 2019 on our website:** <http://www.amsterdamdivingcup.nl>
- Transportation:** Information from airport-hotel-airport will follow.
- Payment:** You will receive an invoice for the entries after return of your Final Entry Form. Payment of the full amount must be made by March 20st, 2020 by wire transfer in EURO within the terms indicated on the Team Booking Form.  
**Hotel payment needs to be done before February 10<sup>th</sup> 2020** (else we cannot book the rooms we have pre reserved)
- Diving Sheets:** The diving sheets will be exclusively filled in through Dive Recorder. Information regarding the procedure will follow
- Judges:** Each participating team is requested to nominate at least one judge.



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**VISA:** Citizens of countries requiring an entry visa to The Netherlands are requested to contact us as soon as possible for an official invitation. If you need a visa, please contact the Dutch Embassies or Consular Authorities within your country in due time.

**Secretariat:** [adc-diving@hotmail.com](mailto:adc-diving@hotmail.com)  
**Contact:** Carola Vork: +31 618813024  
All information will be soon available at: [www.amsterdamdivingcup.nl](http://www.amsterdamdivingcup.nl).

We remain at your disposal for any request and looking forward to meet you in Amsterdam.  
With best regards,

**Committee of the Amsterdam Diving Cup 2020**

Enclosed: Programma ADC2020